**WEEK TWO**

**THEME TWO**

**OUR HOME**

**Lesson 1**

**New words**

place where

people live

A home is a place where people or animals live or stay.

|  |
| --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\14.jpg |

**People in our home**

father children

mother

|  |  |  |
| --- | --- | --- |
| **C:\Documents and Settings\pc4\Desktop\images p.1\15.png** | **C:\Documents and Settings\pc4\Desktop\images p.1\19.jpg** | **C:\Documents and Settings\pc4\Desktop\images p.1\20.png** |
|  |  |  |

**Activity**

Singing a song “Ihave anice family……………”

**Exercise**

1.Name these people we find at home.

|  |  |  |
| --- | --- | --- |
|  |  |  |
|  |  |  |

2.What do we call a place where people or animals live?

**REF:**

MK Standard SST. bk.21page1

Monitor SST.bk.1 page 1

MK Junior Literacy bk1 page 11

Sharing our world bk.1page 1

**LESSON 2 AND 3**

**NEW WORDS**

group blood related marriage

**A family**

A family is a group of people related by blood or marriage.

A nuclear family is a family with father, mother, and their own children.

**Roles of family members**

|  |  |
| --- | --- |
| Father | pays school fees  buys food  provides shelter  protects the family  buys clothes for the family |
| mother | cares for the family  cooks food  takes children to school  breast feeds the baby |
| children | fetching water  collecting firewood  grinding  pounding  milking  sweeping |

**Activity**

Role playing roles of family members.

Sticking pictures of different roles.

**Exercise**

Why is a father useful in a home?

Name these roles of people at home.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\20.png | C:\Documents and Settings\pc4\Desktop\images p.1\index.png22.png | C:\Documents and Settings\pc4\Desktop\images p.1\22.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\23.png |  |
|  |  |  |  |  |

**REF:**

**MK Junior Literacy bk. 1 pg 13-14**

**Monitor SST. bk. 1pg 10-12**

**LESSON 4**

**NEW WORDS**

rack transport granary kitchen

**Things found in a home and their uses**

Houses-for sleeping in.

Kitchen- for cooking from.

toilet- for defecating and urinating in.

Animals-

Some animals are used for transport.

Some animals protect us.

Some animals give us company.

Birds- some birds give us eggs.

Plants-some plants give us food.

Rack-for hanging on clean utensils.

Granary-for storing harvested food crops.

Mortar and Pestle-for pounding**.**

**Activity**

Observing things found in a home from MK Junior Literacy bk.1 pg15

**Exercise**

1.Why is a house important to people?

2.How are these items important at home?

granary -----------------------------------------------

rack -------------------------------------------------

**LESSON 5**

**NEW WORDS**

house window building wall

**Parts of a house**

What is a house?

A house is a building where people live.

roof wall

window ventilator

verandah door

**Activity**

Sticking a picture of a house

**Exercise**

Name the parts of a house.

**REF:**

MK Standard SST. bk.1pg 8

Monitor SST.bk.1 page 11

**WEEK 3**

**LESSON 6**

**NEW WORDS**

bedroom bathing

dining toilet

**Rooms found in a house and their uses**

sitting room - for sitting in and welcoming visitors.

Bedroom -for sleeping in.

dining - for eating from.

Toilet - for defecating in.

Kitchen - for cooking from.

Bathroom - for bathing from.

Store - for keeping our things.

reading room - for reading from.

**Activity**

Reading about rooms in a house from text books.

**Exercise**

1.Name any two rooms found in a good house.

2.In which room of a house do we do the following?

Bathing ----------------------------------

Cooking -----------------------------------

**LESSON 7**

**NEW WORDS**

carpet radio table flower

**Things found in a sitting room**

chair radio

table television

carpet cupboard

mat flowers

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\radio.png | C:\Documents and Settings\pc4\Desktop\images p.1\tv.png | C:\Documents and Settings\pc4\Desktop\images p.1\mat.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\cupboard.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\table.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\chair.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\floewr.jpg |
|  |  |  |  |  |  |  |

**Activity**

Observing things found in a sitting room from MK Junior Literacy bk.1

**Exercise**

**Write down any three rooms found in a house**

**Draw and name any four things found in the sitting room.**

**LESSON 8**

**NEW WORDS**

spoon knife saucepan charcoal

**Things found in a kitchen and store**

plates saucepans

cups forks

spoons charcoal

knives food

stove firewood

|  |  |  |  |
| --- | --- | --- | --- |
| **C:\Documents and Settings\pc4\Desktop\images p.1\plate.png** | **C:\Documents and Settings\pc4\Desktop\images p.1\index.pngcup.png** | **C:\Documents and Settings\pc4\Desktop\images p.1\fork.jpg** | **C:\Documents and Settings\pc4\Desktop\images p.1\spoon.png** |
|  |  |  |  |

**Activity**

Sticking pictures of things found in the kitchen.

Colouring things found in the in the kitchen**.**

**Exercise**

Mention any two items found in a kitchen.

----------------------- -----------------------

Why do we need these items in the kitchen?

Charcoal----------------------------------

Knife ----------------------------------------

**LESSON 9 AND 10**

**new words**

pillow bedroom

mattress blanket

**Things found in a bedroom**

bed bed sheets

mattress blanket

pillow mosquito net

|  |  |  |  |
| --- | --- | --- | --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\bed.png | C:\Documents and Settings\pc4\Desktop\images p.1\mattress.png | C:\Documents and Settings\pc4\Desktop\images p.1\sheets.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\pillo.png |
|  |  |  |  |

**Things found in a bathroom**

basin water

soap bath tab

sponge towel

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
| **Sponge** | **towel** | **soap** | **basin** |

**Activity**

Sticking pictures of items found in a bathroom.

Observing things found in the bedroom from MK Junior Literacy bk.1

**Exercise**

Give any two problems people without a house may get.

**WEEK 4**

**LESSON 11 AND 12**

**NEW WORDS**

oxen mutton

donkey pork

**Animals found in a home and their uses**

**Cows** give us beef and milk.

**Cats** give us company.

**Dogs** guard our homes

**Pigs** give us pork.

**Sheep** give us mutton and wool

**Camels** give us milk and are used for transport.

**Goats** give us milk and meat.

**Donkeys** are used for transport.

**Oxen** are used for ploughing and for transport.

**Birds found at home**

turkeys ducks

hens cocks

|  |  |  |
| --- | --- | --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\12.png | C:\Documents and Settings\pc4\Desktop\images p.1\index.png13.png | C:\Documents and Settings\pc4\Desktop\images p.1\index.jpg14.jpg |
|  |  |  |

**Activity**

Observing animals found at home from the text books.

|  |  |  |  |
| --- | --- | --- | --- |
| C:\Documents and Settings\pc4\Desktop\images p.1\9.png | C:\Documents and Settings\pc4\Desktop\images p.1\9.png | C:\Documents and Settings\pc4\Desktop\images p.1\images.jpg10.jpg | C:\Documents and Settings\pc4\Desktop\images p.1\11.jpg |
|  |  |  |  |

**Exercise**

Give any two animals used for transport.

Why is a cow important at home?

Name any two domestic birds that give us eggs.

**LESSON 13 AND 14**

**new words**

maize millet sorghum banana

**Plants found in our home**

maize rice

cassava sorghum

banana sweet potatoes

millet oranges

mangoes pineapple

**Uses of plants**

They give us food.

They give us medicine.

They give us shade.

They give us oxygen.

They give us fire wood.

**Activity**

Nature walk around the school to see plants.

**Exercise**

Give any two uses of plants to people.

**REF:**

**MK Junior Literacy bk. 1 pg 21**

**WEEK 5**

**LESSON ; 15**

**THEME**; **Human body and health**

**SUB –THEME**; **parts of the body**

**New words**

nose thigh mouth navel

**Parts of the body**

head ears arm neck

elbow shoulders nose belly

Foot tongue navel toes

Fingers thigh mouth hair

**ACTIVITY**

-Sticking pictures of parts of the body.

-Singing songs

**EXERCISE**

1. Name and draw these parts of the body.

|  |  |  |
| --- | --- | --- |
|  |  |  |
|  |  |  |

2.How many fingers do you have?

3.I have ……. Hands.

**REF; MK**integrated cscibk 1 pg 1

**LESSON;16**

**New words**

Trunk limbs chest head

The main parts of the body

There are three main parts of the body

Head Trunk Limbs

**Parts found on the head**

Eyes ears nose hair cheek chin lips

**Parts found on the trunk**

Neck chest breast navel belly shoulders

Back

**Parts found on the limbs**

Elbow palm ankle nails toes thigh fingers

**ACTIVITY**

Singing a song ‘’God thought of making man…..’’

**EXERCISE**

Draw a human head and name the parts found on it.

|  |
| --- |
|  |

REF;MK INTEGRATED PRIMARY SCI BK I PG 1,2,3.

**LESSON**;17

**New words**

Tasting ankle touching fingers

**Uses of each part of the body**

Eyes for seeing

Legs for walking /running /kicking.

Hands for touching/writing

Tongue for tasting

Nose for smelling

Skin for feeling

Teeth for chewing/grinding/biting.

**Senses and sense organs**

There are five sense organs namely;

Eyes nose ears skin tongue

Sense organ use

Seeing eyes to see

Hearing ears to hear

Tasting tongue to taste

Smeling nose to smell

Feeling skin to feel

**ACTIVITY**

Singing a song ‘’oh be careful my eyes what you see….’’

Practical lesson using the sense organs.

**EXERCISE**

1. Which sense organ s do we use to;

a.see…. b.hear…….

2. Match the senses to their organs correctly.

Eye smelling

Ear feeling

Nose seeing

Tongue hearing

Skin tasting

**REF;** pentagram basic cre bk1 pg6-7.

**LESSON 18**

**New words**

Hygiene razorblade cleanliness personal

Ways of keeping the body clean.

-by bathing daily

-by brushing teeth

-by combing hair

-cutting the hair short.

-by cutting nails short.

**ACTIVITY**

Practical lesson; children will bring items used for personal hygiene.

**EXERCISE**

1.How do we keep these body parts clean;

a.finger nails-

b.teeth-

c.hair

Write the items used to clean the teeth.

**REF;**mk integrated scibk 1 pg 5.

Mk junior literacy bkpg 36.

**LESSON 19**

**New words**

Sponge toothbrush razorblade toothpaste

Items used for keeping the body clean

Sponge water toothpaste

Toothbrush comb nail cutter

Ear buds soap basin

**ACTIVITY**

-children will observe and identify items used to clean the body.

**EXERCISE**

1. What do we call the general cleanliness of the bodt?

2. Draw these items used to clean our bodies.

|  |  |  |
| --- | --- | --- |
|  |  |  |
| Comb | toothbrush | razorblade |

**REF;** MK Junior Literacy bk1 pg 37.

**LESSON;20**

**New words**

Germs diseases prevent remove

Importance of personal hygiene

-We practice personal hygiene to;

Prevent germs.

Prevent bad breath

Prevent bad body smell

Be healthy

Prevent some skin diseases

Remove dirt

**ACTIVITY**

Oral reading about the importance of personal hygiene from MK junior literacy pg114.

**EXERCISE**

1. Why do people bathe daily?

2. Mention any one danger of poor personal hygiene.

**REF; MK**Junior Literacy bk1 pg37.

**WEEK 6**

**LESSON ;21**

**New words**

-tooth decay diseases

-germs ring worm

Dangers of not practical personal hygiene

You get tooth decay

Bad body smell

You get skin diseases like; ring worms, scabies, athletes foot etc.

**ACTIVITY**

Observing pictures of people with poor personal hygiene from the text book

**EXERCISE**

1.identify any one skin disease which comes from poor personal hygiene.

2.Give two dangers of not keeping the mouth clean.

Fill in the missing letters

t—th dis-ases d-cay b-dy

**REF;**

**LESSON;22**

**New words**

Sanitation, place ,broom ,clean

Sanitation

What is sanitation?

Sanitation is the way of keeping a place clean.

**Ways of keeping places clean**

By sweeping by srubbing

By dusting by mopping

By picking rubbish by flushing the toilet

By spraying by smoking latrines

By slashing compound

**ACTIVITY**

Practicle lesson children will practically carry out activities of keeping places clean.

**EXERCISE**

Draw and name any two activities done to keep our environment clean

|  |  |
| --- | --- |
|  |  |
|  |  |

------------------ is a way of keeping a place clean.

**REF;** MK J**unior**literacy bk 3 pg 42.

**LESSON;23**

**New words**

gloves ,dustbin ,toilet ,latrine

**Things used to keep plces clean**

water, soap slasher rake

mop/rag dustbin broom hoe

axe scrubbing waste paper basket

**ACTIVITY**

Sticking pictures of materials used for sanitation

Observing real items for sanitation

**EXERCISE**

1.How do we keep these places clean?

a. toilet b. classroom

c.latrine d.compoud

2.Draw and name any two things used to clean toilets.

|  |  |
| --- | --- |
|  |  |

**REF; MK**junior literacy pg 51

**LESSON;24**

**New words**

germs housefly faecal sanitation

**Importance of good sanitation**

-To keep away germs

-To control houseflies

-To make our environment look beautiful

-To prevent bad smell

-To control faecal diseases

To promote good health

**ACTIVITY**

Children will read the importance of good sanitation.

**EXERCISE**

1. Why is it good to keep the toilets clean?

**REF; MK**integrated primary sci bk3 pg 43

**LESSON;25**

**New words**

rubbish disposal burning burying

**Rubbish disposal**

It is the proper way of putting rubbish where it should be.

How to dispose rubbish

.By burying by putting it in rubbish pits

.By putting itin dustbins .by burning

**ACTIVITY**

.Children will practically wash their hands

.Moving out to observe the rubbish pit.

**EXERCISE**

1. Mention any two ways of disposing rubbish.
2. Draw and name any four things used to dispose rubbish.

**REF; Understanding Integrated Science book 1 page 78.**

**WEEK 7**

**LESSON 26**

**New words**

malaria diarrhoea mumps trachoma

**Common diseases**

malaria mumps chickenpox cancer

diarrhoea influenza scabies diabetes

trachoma ringworms cholera dysentery

**ACTIVITY**

Reading about common diseases from mk junior literacy pg 39

**EXERCISE**

Tick the curable diseases only.

AIDS, mumps, diabetes ,diarrhoea , malaria

**REF**; MK Junior Literacy bk 1 pg 39.

**LESSON 27**

**New words**

Cockroach mosquito housefly worms

**How common diseases are spread**

|  |  |
| --- | --- |
| Malaria | Female anopheles mosquito |
| Flu | Air/dust |
| Trachoma | housefly |
| Diarrhea | Coackroach/housefly |
| Dysentery | Housefly,coackroach |
| Typhoid | Unboiled water |

**Other things that spread diseases**

-sharing sharp objects

-sharing things for personal hygiene

-dust

-poor rubbish disposal

-failure to use toilets /latrines well.

-eating dirty food

**ACTIVITY**

Children will read the things that spread diseases from Mk junior literacy bk1 pg39

**EXERCISE**

1.what spreads malaria?

2.How is diarrhea spread?

**REF; MK**literacyjJuniorbk 1 pg 39

**LESSON 28**

**New words**

diarrhoea malaria dysentery treated mosquito

Prevention of common diseases

|  |  |
| --- | --- |
| Disease | prevention |
| Malaria | Sleeping under a treated mosquito net |
| AIDS | Not sharing sharp objects |
| Diarrhoea | Eating clean food |
| Dysentery | Drinking boiled water |

**Other ways of preventing common diseases**

-by cleaning bushes around our homes

-by using the toilets well

-by covering our food

-by washing hands before eating food

-by keeping our homes clean

**ACTIVITY**

Children will read the prevention from mk junior literacy bk 1 pg 40-41.

**EXERCISE**

Mention the ways of preventing these diseases;

1. AIDS-
2. Dysentery-
3. Malaria-

**REF; MK**literacy junior bk1 pg 40 -41.

**LESSON 29**

**New words**

Immunization measles polio tetanus

Childhood Diseases[immunization]

Immunisation is the giving of a vaccine to a person to prevent certain diseases.

Immunisable diseases

polio whooping cough

measles tuberculosis[TB]

diphtheria tetanus

**ACTIVITY**

Observing pictures of people suffering from immunization

Sticking pictures of people suffering from immunisable diseases

**EXERCISE**

Name these immunisable diseases

|  |  |
| --- | --- |
|  |  |
|  |  |

**REF ; MK**Junior Literacy bk 1 pg42.

**LESSON 30**

**New words**

typhoid rabies polio measles

**Other immunisable diseases**

rabies yellow fever

typhoid hepatitis B

haemopheilus influenza b

**Importance of immunization**

It promotes infant good health

It controls childhood diseases

**ACTIVITY**

Oral reading and observing pictures of immunisable diseases.

**EXERCISE**

Why do parents immunize their children?

**REF;**Mk Junior Literacy bk 1 pg 42.

**END**